



ST. CLARE'S GIRLS' SCHOOL

50 MOUNT DAVIS ROAD,
HONG KONG

Web Page : www.stclare.edu.hk
E-mail : info@stclare.hk

Tel : 2817 1764
Fax : 2855 8420

16th January, 2019

Dear Parents,

Prevention of spread of seasonal influenza and other communicable diseases

According to the Centre for Health Protection, Hong Kong has entered its peak season for influenza and other communicable diseases including hand, foot and mouth disease. To provide maximum protection for students and to prevent the spread of diseases in school, parents are advised to co-operate with the school by reminding students to observe personal hygiene and to keep the school clean and hygienic.

Students should:

- cover both the nose and mouth with a handkerchief or tissue paper when coughing or sneezing;
- wrap up sputum with tissue paper and discard it into garbage bins with lids or flush them away in the toilet;
- wash hands after sneezing or coughing; and
- put on a surgical mask for those with respiratory infection symptoms.

In case of any occurrence of communicable diseases (e.g. hand, foot and mouth disease or chicken pox), to minimize the chance of spread of the disease, students of the same class will move temporarily to another room for lessons until the classroom is cleaned and disinfected. The school will monitor the daily information on cases of communicable diseases.

We appeal to your understanding and cooperation in the following matters to prevent the spread of infection:

- Report to the school immediately if your daughter is sick and provide details of the sickness including symptoms, diagnosis and whether hospitalization is required.
- Students with fever, regardless of the presence of respiratory symptom, should not attend school. They should avoid school till 48 hours after the fever has subsided or according to instruction of doctors.
- In case your daughter is found sick in school, kindly pick her up from the school to seek medical care immediately.

Yours sincerely,

Mrs. Cherry Chan
Principal



-----Reply-Slip-----

To: St. Clare's Girls' School

Notice No. : 1819049

Prevention of spread of seasonal influenza and other communicable diseases

We have read the above letter and are aware of the measures of preventing the spread of seasonal influenza and other communicable diseases in school.

Student Name

Parent's Signature

Class & Class Number

Date



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敬啟者：

預防傳染病在於學校傳播

根據衛生署衛生防護中心資料，本港正值流感及其他傳染病(如手足口病)高峰期。為保障學生健康，請家長與學校通力合作，提醒學生時刻保持個人及校園環境衛生，以預防疾病之傳播。

學生應：

- 咳嗽及打噴嚏時，用手巾或紙巾掩着口鼻。
- 痰涎應用紙巾包裹好，然後放入有蓋垃圾桶內或便桶沖走。
- 咳嗽及打噴嚏後，應立即洗手。
- 如有呼吸道感染徵狀，應戴上外科口罩。

為防止傳染病蔓延，如有學生確診手足口病或水痘等傳染病，同班同學將暫時調往其他課室上課，直至原有課室完成清潔及消毒。學校亦會監察校內每日傳染病個案的情況。

為有效控制和減低傳染病在校內傳播，校方懇請各家長留意以下事項：

- 如學生身體不適，家長須立即通知學校有關學生的病情，如病徵、診斷及需否留醫。
- 如學生有發燒情況，則不應上學，必須留在家中休息，直至退燒後至少兩天或按醫生指示方可回校復課。
- 如學生在學校感到不適，請家長與學校合作，接走患病學生，並即時求診。

此致
貴家長

校長陳黃碧瑜謹啟

二零一九年一月十六日